



1. Deadbeat
2. They F U Up
3. It's Like Space Travel, but Without Motion
4. The Famine of the Mist
5. Fading Twilight
6. Still
7. Terminal
8. Two Hot Dogs and a Coke
9. Night Terrors
10. Surrounded by Loved Ones and at Peace

The last days of a doomed love, the last days before a viral or volcanic apocalypse, the last days before an overdose, the last days of the British Empire, the last days before entering cryogenic sleep, the last days before middle age tempers the energy of a rock band, the last days of life. These ten songs explore interrelated narratives of societal collapse, national and personal nostalgia, bad parenting, prophetic clairvoyance, opioid addiction, a failed romance, and the specter of declining health and vitality. Evoking the dense lyricism of Mountain Goats, Neutral Milk Hotel, and The Hold Steady, this album weaves together references to poet Philip Larkin's "This Be The Verse," 2011 riots in north London, *The Chronic*, Iceland's 1783 Mist Hardships, Matt's Bell *Scrapper*, The Rolling Stones, and the incessant trains passing through Fort Collins, Colorado.

*The Last Days LP* is the culmination of 11 EPs released by Colorado-based singer-songwriter John Lindenbaum (The Lonelyhearts, Rust Belt Music) since 2000. As on 2015's *The Arbor Day EP*, the contributions of Benjamin Buttice (Sour Boy, Bitter Girl) and Matt Schild (The Morning Clouds) allow Nadalands to transcend the typical indie singer-songwriter sound. The three members of Nadalands combine voices, 12-string acoustic guitar, electric guitar, bass, drums, and synthesizers into arrangements that evoke the post-rock soundscapes of Mogwai, the electrified Americana of Uncle Tupelo, the spooky melodies of *OK Computer*-era Radiohead, the driving energy of The Clash, and the melancholy jangle of The Smiths.

Recorded, mixed, and mastered by Collin Ingram at Bridgeway Recording, *The Last Days LP* is the first full-length Nadalands release.

**Contact:**

John Lindenbaum  
415-577-3313  
[nadalands@gmail.com](mailto:nadalands@gmail.com)  
[www.nadalands.com](http://www.nadalands.com)  
[www.facebook.com/nadalands](https://www.facebook.com/nadalands)